

# Mental Health Referral for Personality Disorder Assessment

Date: [Insert Date]

To: [Recipient's Name]  
[Recipient's Title/Organization]  
[Recipient's Address]

Dear [Recipient's Name],

I am writing to refer my patient, [Patient's Full Name], who has been experiencing significant emotional and psychological challenges that suggest the presence of a personality disorder. Over the past [duration of treatment], I have observed the following symptoms:

- [Briefly outline symptom 1]
- [Briefly outline symptom 2]
- [Briefly outline symptom 3]

This referral is made in light of [mention any previous assessments or evaluations], which indicate a need for further evaluation by a specialist in personality disorders. I believe that [Patient's Full Name] will benefit greatly from your expertise in this area.

Please find attached a summary of my clinical notes and assessment findings for your review. I would appreciate it if you could schedule an appointment at your earliest convenience.

Thank you for your attention to this matter. Should you require any further information, please do not hesitate to contact me at [Your Contact Information].

Sincerely,

[Your Name]  
[Your Title/Organization]  
[Your Contact Information]