

Mental Health Referral for Family Therapy

Date: [Insert Date]

To Whom It May Concern,

I am writing to refer [Client's Name], a [age]-year-old [gender], who is experiencing [brief description of issues leading to referral]. After careful consideration and discussion with the family, I believe that engaging in family therapy would be beneficial in addressing these challenges.

[Client's Name] has been experiencing [specific issues, e.g., anxiety, communication breakdown, conflict], which may be better addressed in a family setting, where all members can contribute to the healing process. I recommend [specific therapist or therapy center], as they specialize in family dynamics and related mental health issues.

Please find enclosed the necessary documentation and consent forms signed by [Client's Name] and family members. They are motivated and willing to engage in the therapeutic process.

Thank you for your attention to this matter. If you have any questions or require further information, please feel free to contact me at [Your Phone Number] or [Your Email Address].

Sincerely,

[Your Name]

[Your Title]

[Your Organization]

[Your Contact Information]