

Patient Surgical Preparation Guidelines

Dear [Patient's Name],

We are preparing for your upcoming surgical procedure scheduled on [Date]. To ensure the best possible outcomes, please follow these guidelines:

Pre-Operative Instructions

- Do not eat or drink anything after midnight before your surgery.
- Take any prescribed medications with a small sip of water unless instructed otherwise.
- Arrive at the hospital at least [X hours] before your surgery time.
- Wear loose, comfortable clothing and avoid jewelry or makeup.

Important Reminders

- Have a designated driver available to take you home after the procedure.
- Prepare your home for recovery as needed.
- If you have any questions or concerns, please contact our office at [Phone Number].

Thank you for your cooperation. We look forward to assisting you in your treatment.

Sincerely,

[Your Name]

[Your Title]

[Hospital/Clinic Name]

[Contact Information]