

# Corporate Wellness and Fitness Program

Dear [Employee Name],

We are excited to announce the launch of our Corporate Wellness and Fitness Program aimed at promoting a healthier, more active workplace. Our goal is to support your well-being and enhance your overall productivity.

The program includes:

- Weekly fitness classes
- Monthly health workshops
- Access to gym facilities
- Health screenings and wellness assessments
- Incentives and rewards for participation

We encourage you to take advantage of this opportunity to improve your physical and mental health. All employees are welcome to participate regardless of fitness level.

Please join us for an informational meeting on [Date] at [Time] in [Location]. We will provide details on the program, answer any questions, and discuss how you can get involved.

Thank you for being a valuable part of our team. We look forward to seeing you there!

Sincerely,

[Your Name]

[Your Title]

[Company Name]