

Club Training Session Timetable

Date: [Insert Date]

Dear [Club Members/Participants],

We are excited to share the training session timetable for our club. Please find the details below:

Day	Time	Activity	Location
Monday	6:00 PM - 7:30 PM	Cardio Training	Main Hall
Wednesday	5:00 PM - 6:30 PM	Strength Training	Gym
Friday	4:00 PM - 5:30 PM	Yoga Session	Studio A

We encourage all members to attend and participate in these sessions.

Best Regards,

[Your Name]

[Your Position]

[Club Name]