

Dear Active Members,

We hope this message finds you well and thriving in your wellness journey. We are excited to share some important updates regarding our club's wellness program.

Program Changes

- **New Weekly Class Schedule:** Starting next month, we will introduce additional group fitness classes to enhance your experience.
- **Updated Health Workshops:** We are introducing monthly workshops focusing on nutrition, mental well-being, and fitness tips.
- **Membership Benefits:** Active members will receive exclusive discounts on wellness products and services.

Feedback Welcome

Your feedback is invaluable to us! Please let us know how we can continue to improve our programs.

Thank you for being a part of our wellness community!

Sincerely,

The Wellness Program Team