Dear [Participant's Name],

We hope this message finds you well! Thank you for participating in our recent club activity, [Activity Name], held on [Date]. Your involvement was invaluable, and we truly appreciate your contributions.

As we strive to improve our future events, we kindly request your reflections on your experience. Your feedback will help us understand what worked well and identify areas for improvement.

Please consider sharing your thoughts on the following questions:

- What did you enjoy most about the activity?
- What challenges did you encounter?
- What suggestions do you have for future activities?

Please send your reflections by [Deadline Date]. Your insights mean a lot to us!

Thank you once again for your participation. We look forward to hearing from you!

Best regards, [Your Name] [Your Position] [Club Name]