## **Feedback Request**

Dear [Coachee's Name],

I hope this message finds you well. I want to take a moment to thank you for participating in our recent coaching session. Your engagement and openness made our time together very productive.

In order to continually improve my coaching methods, I would greatly appreciate your feedback regarding our session. Specifically, I would love to hear your thoughts on the following:

- What aspects of the coaching session did you find most helpful?
- How did the session meet your expectations?
- Are there any areas where you think I could improve?
- Would you be interested in scheduling follow-up sessions?

Your insights are invaluable to me and will help enhance the coaching experience for you and others in the future. Please feel free to reply to this email or reach out at your convenience.

Thank you once again for your time and trust. I look forward to hearing your feedback!

Best regards,
[Your Name]
[Your Position]
[Your Contact Information]