# Dear Team,

As we embrace the change of seasons, we want to remind everyone of some important safety tips to keep in mind:

# Winter Safety Tips

- Wear appropriate clothing for cold weather to avoid frostbite.
- Be cautious of slippery surfaces and always walk carefully.
- Keep emergency supplies in your car in case of a winter storm.

# **Spring Safety Tips**

- Watch for allergens and take necessary precautions if you're sensitive.
- Be mindful of increased rain; ensure your routes are safe and clear.
- Inspect and maintain outdoor equipment for safe usage.

## **Summer Safety Tips**

- Stay hydrated and wear sunscreen to protect against sunburn.
- Be cautious around water; follow safety guidelines while swimming.
- Keep an eye out for thunderstorms and seek shelter during severe weather.

### **Fall Safety Tips**

- Check your smoke and carbon monoxide detectors as we approach heating season.
- Be cautious of falling leaves that can obscure hazards.
- Prepare your home and yard for winter to minimize risks.

Your safety is our priority. If you have any questions or additional suggestions, please feel free to reach out.

### Stay Safe,

Your Safety Team