## You're Invited to a Corporate Wellness Yoga Retreat!

Dear [Employee/Team Name],

We are excited to invite you to our upcoming Yoga Retreat, specifically designed to enhance our corporate wellness program. Join us for a rejuvenating experience that focuses on wellness, mindfulness, and team bonding.

## **Retreat Details:**

• **Date:** [Insert Date]

• **Location:** [Insert Location]

• **Time:** [Insert Time]

• Activities Include: Yoga sessions, meditation workshops, and wellness seminars.

All supplies will be provided, and a healthy lunch will be served. This is a wonderful opportunity to de-stress, connect with colleagues, and explore new practices for mindfulness and well-being.

Please RSVP by [Insert RSVP Date] to secure your spot.

We look forward to seeing you there!

Warm regards,
[Your Name]
[Your Position]
[Company Name]