

Dear Traveler,

We hope this letter finds you well as you prepare for your upcoming journey. To ensure a safe and enjoyable travel experience, we would like to provide you with some important food and water safety advice.

Food Safety Tips

- Avoid street food unless it is cooked in front of you and served hot.
- Ensure that all fruits and vegetables are washed and peeled before consumption.
- Choose restaurants that are busy and have a good reputation.
- Be cautious with dairy products, especially in areas where pasteurization is not common.

Water Safety Tips

- Drink bottled or boiled water only.
- Avoid ice in drinks unless you are sure it is made from safe water.
- Use water purification tablets if necessary.
- Stay hydrated, especially in hot climates.

By following these basic guidelines, you can help ensure your trip is safe and enjoyable. If you have any further questions or need assistance, feel free to reach out.

Safe travels!

Sincerely,

Your Travel Advisory Team