

# COVID-19 International Travel Guidelines

Dear Traveler,

As you prepare for your upcoming international travel, we would like to remind you of the essential guidelines to ensure your safety and the safety of others during the COVID-19 pandemic.

## Pre-Travel Requirements:

- Check for any travel bans or restrictions at your destination.
- Obtain a valid negative COVID-19 test result taken within 72 hours of departure.
- Ensure you are fully vaccinated as per the guidelines of your destination country.
- Complete any health declaration forms required by the airline or destination country.

## During Travel:

- Wear a mask at all times in the airport and on the plane.
- Follow all safety protocols set by airlines and airports.
- Maintain social distancing wherever possible.

## Upon Arrival:

- Be prepared to show your COVID-19 test results and vaccination certificate.
- Follow local health guidelines, including any quarantine measures if necessary.
- Monitor your health and report any COVID-19 symptoms to local authorities immediately.

Thank you for your cooperation. Safe travels!

Sincerely,

Your Health & Safety Team