

Dear [Recipient's Name],

I hope this message finds you well. I am writing to kindly request your feedback regarding my internship experience at [Company/Organization Name]. My internship period was from [Start Date] to [End Date], during which I had the opportunity to work on [briefly describe projects or tasks].

Your insights would be invaluable to me as I seek to improve my skills and professional development. If possible, could you please provide your thoughts on the following:

- My performance in the assigned tasks
- Areas of strength and improvement
- Any skills or knowledge you think I should focus on moving forward

Thank you very much for your time and support during my internship. I greatly appreciate any feedback you can provide.

Best regards,
[Your Name]
[Your Contact Information]