

Appointment Confirmation

Dear [Client's Name],

We are pleased to confirm your personal training session scheduled as follows:

- **Date:** [Date]
- **Time:** [Time]
- **Location:** [Location]

Please arrive 10 minutes early to complete any necessary paperwork and to ensure you get the most out of your session.

If you have any questions or need to reschedule, feel free to contact us at [Contact Information].

We look forward to seeing you!

Best regards,

[Your Name]

[Your Title]

[Company Name]