Dear [Hiring Manager's Name],

I hope this message finds you well. I am writing to follow up on my job application for the [Job Title] position that I submitted on [Submission Date]. I am very enthusiastic about the opportunity to join [Company Name] and contribute to your team with my skills and experience.

I am eager to learn about any updates regarding my application status and the next steps in the hiring process. Thank you for considering my application. I look forward to your response.

Best regards,

[Your Name]

[Your Phone Number]

[Your Email Address]