Dear [Hiring Manager's Name],

I hope this message finds you well. I am writing to inquire about the job benefits and support your company offers regarding work-life balance for employees.

As I consider potential employment opportunities, understanding the support mechanisms in place for maintaining a healthy balance between work and personal life is essential to me. Specifically, I would appreciate information regarding:

- Flexible working hours or remote work policies
- Paid time off and vacation policy
- Employee wellness programs
- Parental leave options
- Professional development opportunities

Thank you for your time, and I look forward to your response.

Sincerely,

[Your Name]

[Your Contact Information]