Dear [Hiring Manager's Name],

I hope this message finds you well. I wanted to follow up regarding my application for the [Job Title] position that I interviewed for on [Interview Date]. I am very enthusiastic about the opportunity to join [Company Name] and contribute to your team.

If there are any updates regarding my application status, I would greatly appreciate your feedback. Thank you for considering my application, and I look forward to hearing from you soon.

Best regards,

[Your Name]
[Your Phone Number]
[Your Email Address]