Dear [Friend's Name],

I hope this message finds you well. I have taken some time to reflect on our recent misunderstandings, and I want to express my heartfelt regret for my actions. I never intended to hurt you, and it pains me to know that I may have jeopardized our friendship.

Your friendship means the world to me, and I truly value the moments we've shared. I miss our conversations and the laughter we used to have. I understand that I have caused you pain, and for that, I am genuinely sorry.

I would love the opportunity to talk things over and mend what has been broken. I am committed to making things right, and I hope we can rebuild our friendship stronger than before.

Thank you for considering my apology. I am hopeful that we can move past this and restore what we once had.

Sincerely,
[Your Name]