

Dear [Neighbor's Name],

I hope this message finds you well. I just wanted to reach out and let you know that I am thinking of you during this time. If there's anything you need or if you just want to chat, I'm here for you.

Sometimes life can be challenging, and it's important to know that you're not alone. I'm right next door and always available if you need support or someone to talk to.

Take care and remember to reach out if you need anything.

Warm regards,
[Your Name]