Dear [Interviewer's Name],

I hope this message finds you well. I am writing to inform you that, due to unforeseen health concerns, I am unable to attend our scheduled interview on [Original Date and Time].

I sincerely apologize for any inconvenience this may cause and would greatly appreciate the opportunity to reschedule our meeting. I am available on [provide two or three alternative dates and times], but I am more than willing to accommodate your availability as best as I can.

Thank you for your understanding and support. I look forward to the opportunity to speak with you soon.

Best regards,

[Your Name]

[Your Contact Information]