[Your Name] [Your Address] [City, State, Zip Code] [Email Address] [Phone Number] [Date]

[Manager's Name/HR Representative] [Company's Name] [Company's Address] [City, State, Zip Code]

Dear [Manager's Name/HR Representative],

I am writing to formally complain about the unfair treatment I have experienced in the workplace due to [specific reason for discrimination, e.g., race, gender, age]. This situation has persisted since [date or timeframe] and has created a hostile work environment for me.

Specifically, I would like to bring attention to the following incidents:

- 1. [Detail specific incident 1]
- 2. [Detail specific incident 2]
- 3. [Detail specific incident 3]

I believe these actions are a violation of [cite relevant laws or company policies], and I request that an investigation be conducted into these matters. I hope to find a resolution that ensures a fair and equitable workplace for all employees.

Thank you for addressing this serious issue. I look forward to your prompt response.

Sincerely, [Your Name]