

Personal Injury Claim for Emotional Distress

[Your Name]
[Your Address]
[City, State, Zip Code]
[Email Address]
[Phone Number]
[Date]

[Insurance Company Name]
[Insurance Company Address]
[City, State, Zip Code]

Subject: Personal Injury Claim for Emotional Distress - Claim No. [Claim Number]

Dear [Claims Adjuster's Name],

I am writing to formally submit a personal injury claim for emotional distress following the incident that occurred on [Date of Incident]. As a result of the events that transpired, I have experienced significant emotional trauma and distress.

On [Date], [briefly describe the incident and your experience]. This experience has left me with [list emotional symptoms such as anxiety, depression, etc.], which have impacted my daily life and well-being.

I have sought professional help and have been receiving therapy to cope with the emotional aftermath of this incident. Attached are documents from my therapist confirming my treatment and the emotional distress I have endured.

Given these circumstances, I am requesting compensation for the emotional distress I have suffered. I would appreciate your prompt attention to this matter and look forward to your response.

Thank you for your understanding.

Sincerely,
[Your Name]