

Dear [Student's Name],

Thank you for participating in our recent wellness workshop. We hope you found it informative and beneficial.

To help us improve future workshops, we would appreciate your feedback. Please take a few moments to answer the following questions:

- What did you enjoy most about the workshop?
- Was there anything you didn't find helpful?
- Do you have any suggestions for future topics?

Your feedback is invaluable and will help us enhance the experience for all students.

Please reply to this email with your responses by [insert deadline].

Thank you again for your participation!

Sincerely,
[Your Name]
[Your Title]
[Your Institution]